



Experience:

'Super Snack Challenge'

Term: Spring 1 2026 Duration: 3 weeks



Outcome

Healthy Snack Dips and Dippers

Rationale

In the following four weeks, we would like our learners to know and talk about how to keep fit and healthy. They will be able to recognise and talk about the importance of eating a varied and balanced diet. In Design Technology (DT) we will taste and evaluate a variety of healthy dips in order to design and make our own healthy dip. We will be writing an invitation to invite our parents to taste our 'Healthy Dips and Dippers' that we have created, there will be an opportunity to buy the tasty snack. We will be using our maths knowledge to weigh our ingredients and read simple scales. The children will be encouraged to exchange money, with some giving change when selling their dip pot.

Curriculum Coverage

English	Science	DT	Computing
Writing letters to invite parents to try dips Healthy food plate Joining phrases using conjunctions Co-ordination (using or, and, or but) Subordination (using when, if, that, or because) Adding suffixes 'ing' and 'ed'	Asking simple questions and performing simple tests Identify and name the main body parts. Describe the importance of exercise, eating the right amounts of different types of food and hygiene for humans Find out about and describe the basic needs of animals, including humans, for survival e.g. water, food, air	Explore a variety of snack dips and dippers To learn where food comes from Design a 'Healthy Snack Dip' with basic labels Learn how to use a range of measuring equipment Make their own 'Healthy dip and dipper' Evaluate their 'Healthy dip and dipper'	Develop classification skills based favourite foods Use simple data plotting and graphing programs to produce pictograms and other simple graphs. Place objects and pictures in a list or simple table.

Continuous Coverage

Mathematics Measures and data Compare and measure weight Measure and represent capacity Time and Money Add and subtract pairs of two-digit numbers Tell the time: units of time Shape 2D shapes and 3D shapes Symmetry (YR 2)	PE Gymnastics Body Shapes and Travelling R&R Multisports	Phonics Year 1 Wk 1: 'ue', 'au' Wk 2: 'oe', 'wh' Wk 3: 'y', revision 'ay' Wk 4: revision 'ee' 'igh'	Spelling Year 2 Wk 1 The spelling pattern al, all, soft c Wk 2 double the consonant when adding the suffix y Wk 3 dropping the e when adding the suffix y Wk 4 adding the suffix ly the spelling pattern kn and gn
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Hook

Ready, Steady, Dip!

Visits/Visitors

Parents/teachers to look at children's dips and dippers shop

Parents, how can you help?

Please listen to your child read every night if possible, and continue to complete the 'ready, steady, read marathon'. Please also learn and revise the common exception word spellings. Please talk to your child about how your family keep fit and healthy through exercise and diet. Whilst shopping, talk about the different types of food and how much they cost, getting your child to read the price labels and maybe adding some simple amounts together. They could even have a go at counting out the coins to pay for their healthy item.